

#### EGG HARBOR TOWNSHIP, NJ ATLANTIC COUNTY

Behavioral Crossroads, LLC
Mental Health Partial Care Program
205 West Parkway Drive, Ste. 1
Egg Harbor Township, NJ 08234
(Bilingual Services Available)

Behavioral Crossroads Recovery, LLC
Substance Abuse Outpatient Services
PHP, IOP, OPT, Co-Occurring
Outpatient Ambulatory Detox
205 West Parkway Drive, Ste. 2
Egg Harbor Township, NJ 08234

## WASHINGTON TOWNSHIP, NJ (TURNERSVILLE) GLOUCESTER COUNTY

Behavioral Crossroads Recovery, LLC
Substance Abuse Outpatient Services
PHP, IOP, OPT, Co-Occurring
Coming Soon: Outpatient Ambulatory Detox
509 Black Horse Pike (Route 168)
Turnersville, NJ 08012

Toll Free: 877-645-2502 609-645-2500

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Substance Abuse Fax: 609-228-8996
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www.behavioralcrossroads.com



**PSYCHIATRIC EVALUATION** 

INDIVIDUAL COUNSELING

PSYCHO-EDUCATIONAL GROUPS

MICA/RECOVERY SUPPORT GROUPS

CASE MANAGEMENT SERVICES

MEDICATION MONITORING

**GROUP THERAPY** 

SOCIALIZATION ACTIVITIES

PRE-VOCATIONAL ACTIVITIES

HOUSING ACTIVITIES





Egg Harbor Twp.
Turnersville

OUTPATIENT AMBULATORY DETOX

PARTIAL CARE

INTENSIVE OUTPATIENT

OUTPATIENT

CO-OCCURRING

BILINGUAL

www.behavioralcrossroads.com

# Our Mission,

To assist individuals who have significant substance abuse and persistent mental illness to develop the skills and supports necessary to live, learn, or work in the community of their choice with the least amount of intervention from the substance abuse community and mental health system.

Any adult requesting treatment services will be offered an individual assessment by a trained professional to determine the appropriate level of care necessary to address his or her issues. Crossroads currently offers three different levels of A.S.A.M. designated out-patient substance abuse treatment including Partial Care and Intensive Outpatient Services.

#### OUTPATIENT TREATMENT

Outpatient Treatment is designed for an adult who can benefit from directed evaluation & treatment provided once or more a week in scheduled sessions totaling about 3 hours per week.

#### INTENSIVE OUTPATIENT SERVICES

Intensive Outpatient Services are designed for an adult who can benefit from professional treatment more than once per week to address his or her substance abuse, but does not need the daily treatment provided in Partial Care.

A total of 9 hours of treatment services will be provided weekly, on Monday through Friday between the hours of 9:30 a.m. and 1:00 p.m. and Monday through Thursday evenings from 6 p.m. and 9 p.m.

Specific treatment services mirror those offered in Partial Care, with a greater emphasis placed on helping each client to maintain his or her abstinence and in developing relapse prevention skills.

A client receiving Intensive Outpatient Services may benefit from the flexibility of this level of treatment that will allow him or her to both receive treatment and to attend to other personal responsibilities such as work or family.

Door to door transportation will be provided on a limited basis to program participants.

#### PARTIAL CARE SERVICES

Crossroads offers two separate mental health and substance abuse co-occurring programs at the partial level of care. Partial Care is designed for any adult who needs a daily structured treatment program to address his or her substance abuse or mental health but is not at a point of requiring inpatient hospitalization or residential treatment.

The partial care level of service offers up to 30 hours of weekly treatment in the form of 5 (SA) or 6 (MH) hour days, Monday through Friday, between the hours of 7:30 a.m. and 3:30 p.m.

Services are designed to provide information and support, to confront self-defeating behaviors in a professional manner and to assist each client in stopping the use of alcohol and other drugs. Specific program services include, but are not limited to the following:

- Group therapy
- Topic-oriented discussion groups
- Pyscho-education
- An introduction to self-help
- Individual counseling
- Family education and counseling
- Case management

Door to door transportation will be provided on a limited basis to program participants.

### (Detox)Withdrawal Management Services ASAM PPC-2R 3<sup>rd</sup> edition Level 1WM and Level 2WM

Behavioral Crossroads Recovery acknowledges that there are certain individuals whose substance abuse detoxification can be met at an outpatient level of care. These are individuals who, as a result of their addiction, have experienced minor or no disruptions in their occupation, or those who can only afford very limited leave from work, have no other complicating medical conditions other than drug withdrawals and have external supports to support their first step at recovery. The treatment option therefore affords the least disruption in the individual's work schedule and affords receiving services discretely from their physicians. This minimizes the stigma associated with addiction treatment. The Center provides short-term (generally (5) days or less) detoxification.

#### ELIGIBILITY FOR TREATMENT

- Be at Least 18 Years of Age
- Have Mental Health or Substance Abuse Issues That
- Require Structured Treatment
- Be Medically Stable
- Have an Ability to Pay
  - Medicaid
- DUII
- Magellan
- Drug Court
- Blue Cross/Blue Shield
- SAI

• Cigna

MAP

• MHN

- Or Other Resources
- Private Pay
- Many Other Private Insurers, EAP and Self Insured Unions

#### REFERRALS

Crossroads accepts self-referrals and referrals from physician's and hospitals, boarding homes, residential healthcare facilities, emergency shelters, social service agencies, parole and probation, other heath care professionals, and from families.

#### TRANSPORTATION

Crossroads provides door-to-door van transportation to individuals who live in Atlantic County, and the surrounding counties, including the Atlantic City Expressway Corridor. Crossroads will also work very hard to help arrange transportation for those clients who live in other communities and who wish to attend the program.