

***Diagnosing Mood and Anxiety Disorders,  
with Implications for Treatment***

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone/Day: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

**REGISTRATION FEE:**

Single evening 2.5 (total contact hours)  
for only \$12.00,

Both evenings 5.0 (total contact hours)  
for only \$24.00,

includes light supper, participant materials,  
and 2.5 CEs per session

ONLINE: [www.stockton.edu/hshs](http://www.stockton.edu/hshs) under 'Social Work'  
or

BY MAIL: Continuing Studies for HSHS  
Richard Stockton College of New Jersey  
P. O. Box 195  
Pomona, NJ 08240-0195

BY PHONE: 609.652.4227 \* BY FAX: 609.626.6050

Check or money order  Purchase Order

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State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Signature: \_\_\_\_\_

SEATS IN THIS SEMINAR ARE VERY LIMITED  
\*PLEASE CALL IF RESERVING MULTIPLE SEATS

**Crossroads Partial Care Program**  
205 West Parkway Drive  
Egg Harbor Township, NJ 08234

SCHOOL OF GRADUATE  
AND CONTINUING STUDIES  
THE RICHARD STOCKTON COLLEGE OF NEW JERSEY

**Diagnosing Mood  
and Anxiety  
Disorders, with  
Implications for  
Treatment**

**Thursdays,  
April 8 & 15, 2010  
5:30 - 8:30 pm**



Co-sponsored by the  
Atlantic County Professional Advisory  
Training Consortium

**Seminar Location:  
Crossroads**

**Partial Care Program**  
205 West Parkway Drive  
Egg Harbor Township, NJ  
[www.behavioralcrossroads.com](http://www.behavioralcrossroads.com)



# Diagnosing Mood and Anxiety Disorders, with Implications for Treatment



## SEMINAR DESCRIPTION

This two-part seminar describes mood and anxiety disorders and the impact that they can have on a person's day-to-day life. The seminar will outline risk factors, warning signs, and best practices for the treatment of anxiety and mood disorders in adults, with particular emphasis on evidence-based psychosocial treatments, including cognitive-behavior therapy. It also provides participants with practical strategies that can be used to assist people who are struggling with mood disorders, in addition to appropriate referral paths.

## LEARNING OBJECTIVES

1. Describe the epidemiology of anxiety and mood disorders in adults.
2. Describe the research on risk and resiliency factors for anxiety and mood disorders.
3. Differentiate among the anxiety and mood disorders as described in the DSM IV-TR.
4. Outline and explain the major approaches to assessment of anxiety and mood disorders in adults, including assessment tools and self-report measures.
5. Identify empirically-supported psychological interventions for anxiety and mood disorders, including skills for implementation.

## FACULTY PROFILE

**Christine V. Ferri, PhD**, is an Assistant Professor of Psychology at The Richard Stockton College of New Jersey where she specializes in clinical psychology, cognitive behavioral psychotherapy, positive psychology, geropsychology, and statistical methods. Dr. Ferri earned her MA and PhD in Clinical Psychology from Duke University and is licensed as a Clinical Psychologist in NJ.



Join us for two interesting and information packed evenings specially for mental health professionals who work with clients struggling with symptoms of mood and anxiety disorders..

This two-part clinical seminar is co-sponsored by:

**The Richard Stockton College of New Jersey Continuing Studies for Health Sciences and Human Services, Atlantic County Professional Advisory Training Consortium, and Crossroads Partial Care Program**

The seminar will be held at:

**Crossroads Partial Care Program  
205 West Parkway Drive (off Delilah Rd)  
Egg Harbor Township, NJ**

Complete seminar description, online registration and travel directions at:

**[www.stockton.edu/hshs](http://www.stockton.edu/hshs)  
under 'Social Work'**

## CONTINUING EDUCATION CREDITS

**This two-part seminar is approved for 5.0 clinical CEs for:  
Social Workers**

- **Marriage and Family Therapists**
  - **Licensed Professional Counselors**
- Application has been made for 5.0 CEs for:**
- **Addictions Professionals (CADC/LCADC recertification)**

**Individuals will be able to attend single sessions for 2.5 CEs @ a cost of \$12.00**

**WHEN YOU THINK CONTINUING PROFESSIONAL EDUCATION, THINK STOCKTON COLLEGE!**